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Improved Services Initiative : Co-occurring mental health and substance use concerns



Current activities & Update

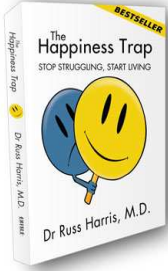


- No wrong door policy
- Mindfulness based therapeutic methods – positive outcomes and increased confidence & enthusiasm
- Partnerships with PHAMS, Halcyon & Chandler House
- Mental Health & Risk Assessment Screening tools
- Walk a mile in my shoes – Community Participation Project
- Partnership with Greater Eastern Primary Health



No wrong door policy- no falling through the gaps



ACT & Mindfulness-based approaches

Partnerships with PHAMS, Halcyon & Chandler House

Knox PHAMS


- Case review
- Secondary consultation
- Advice on how to give feedback to clients from AOD screening tool

Halcyon

- Adult Group & Youth Group
- Secondary consult


Chandler House

- Formal partnership
- Skills Training/Developing Relationships
- Direct Client Services – Integrated Recovery Plans



Mini Mental State (MMS) exam & Critical Risk Assessment Measure (CRAM) tool

- Now standard practice for Intake, ATOD, Counseling Services
- 100% of ATOD clients being assessed by both MMS & CRAM
- Supporting early identification of mental health problems & clients at risk of harm
- Interactive PowerPoint available for staff to analyse results and choose an appropriate action
- MR Tracking Tool records outcome



'Walk a mile in my shoes'
Community Participation Project

Sustainability and the way forward for ATOD/CHC services....


“without **genuine engagement** and **active participation** of the local community, deep seated change will not be achieved. It must be **nurtured** within the **community**.”

(p. 11) Extract from the NTER Review Board Report – October 2008





Mental Health Nurse

- Partnership with Greater Eastern Primary Health
- Mental Health Nurse – 2 days per week from KCHS site
- Opportunity for secondary consult, collaborative treatment of mutual clients
- Shared learning space as nurse works out of ATOD office space
- Providing a pilot on how we progress with other partnerships



Clinical Resource Library



Where to from here....

- ← Mental Health Assessment and Care Plan
- ← Consumer led training for all Health Professionals at KCHS
- ← Consumer Feedback for future planning
- ← Strengthening partnerships and joint training opportunities with Psychiatric Services
- ← Train the trainer mindfulness approaches to support future training and peer supervision