

A Checklist of Capacity Building Activities and their Effect

Activity	Capacity Building Effect
<p>Individual Level</p> <ul style="list-style-type: none"> Attend training Seek further education training Take a leadership role Participate in evaluation activities Participate in networks internal and external 	<ul style="list-style-type: none"> Building knowledge and skills Building confidence and motivation Building [new] knowledge, skills and abilities Building leadership skills Building analytical skills Building inter-relationship skills Building communication skills
<p>Organisational Level</p> <ul style="list-style-type: none"> Provide training Provide assistance Provide Supervision Provide promotional opportunities Hire skilled staff and consultants Develop management systems Develop policies and guidelines 	<ul style="list-style-type: none"> Enhance staff skills Enhance staff skills –effectiveness of clinical supervisors Decreased resistance to change Enhanced clinical practice Building staff morale build staff expertise Enhance skill set within organisation Increased management of resources Enhanced client outcomes Enhanced capacity to maintain staff
<p>Environment Level</p> <ul style="list-style-type: none"> Seek commitment from top level stakeholders Develop national strategy for comorbidity programs Develop policies and guidelines Develop policies on collection of data Develop and support local groups Develop training programs 	<ul style="list-style-type: none"> Enhanced client outcomes Build program sustainability Building consensus relating to planning and implementation Ensure program accountability Ensure program accountability Ensure targeted services and programs Building capacity to meet clients’ complex needs Continuously improve treatment

Activities and their capacity building effect